

Independence Mental Health Institute



Purpose

Independence Mental Health Institute (MHI) is one of Iowa's four mental health institutes providing short term psychiatric treatment and care for severe symptoms of mental illness. Independence has 40 adult beds, 20 child/adolescent beds, and 15 Psychiatric Medical Institution for Children beds.

Who Is Helped

Independence provides inpatient psychiatric services to children, adolescents and adults.

Independence also provides sub-acute treatment services through the Psychiatric Medical Institution for Children (PMIC) program to children referred by Cherokee and Independence.

97 percent of the adult and 86 percent of the children and adolescent patients were involuntarily admitted in SFY14.

Individuals who are involuntarily committed for psychiatric treatment have been determined by the court to be a danger to themselves or others because of their symptoms of mental illness.

In SFY14:

- 205 admissions
- 247 total served:
 - 122 adult psychiatric
 - 91 child and adolescent
 - 34 PMIC

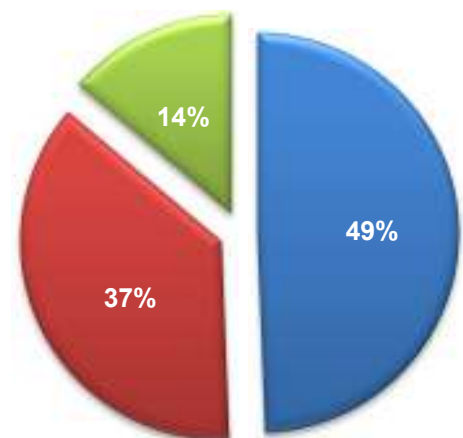
The average adult patient is a 40-year-old male who is involuntarily admitted. The average length of stay is 102 days.

The average child/adolescent served in the inpatient program is a 14-year-old female who is involuntarily admitted. The average length of stay is 40 days.

The average child/adolescent served in the PMIC program is a 14-year-old male who is involuntarily admitted. The average length of stay is 101 days.

Number Served in SFY14

- Adult Psychiatric Program (49%)
- Child and Adolescent Program (37%)
- PMIC (14%)



- ✓ *Independence has a total of 40 adult psychiatric and 20 child/adolescent beds or 7 percent of the 828 inpatient licensed community psychiatric beds in the state.*
- ✓ *Independence served 18 percent of the total Mental Health Institute adult admissions in SFY14.*
- ✓ *Independence served 24 percent of the total Mental Health Institute child/adolescent admissions in SFY14.*
- ✓ *Independence has 15 PMIC beds or 3 percent of the total 478 comprehensive-based licensed PMIC beds in the state for Iowa youth.*

Services

Adult Acute Psychiatric Services

- 40 inpatient beds.
- 24-hour psychiatric treatment and mental health habilitation.

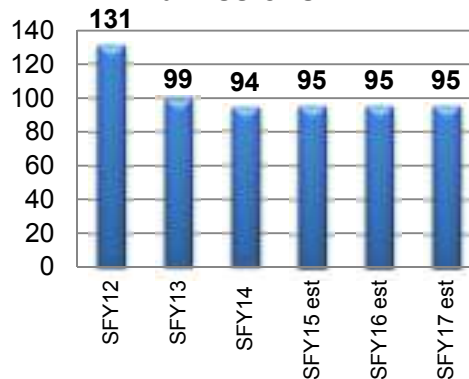
Inpatient Psychiatric Services for Children and Adolescents

- 20 inpatient beds.
- 24-hour psychiatric treatment and mental health habilitation.
- Academic continuance through the MHI school.

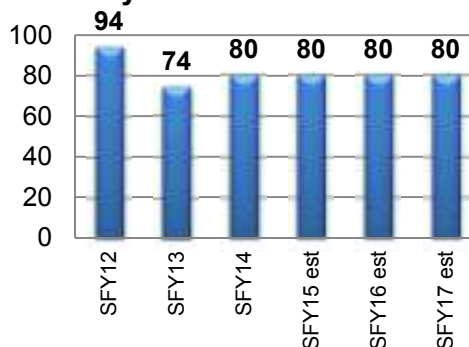
Psychiatric Medical Institution for Children (PMIC) Services

- 15 non-hospital inpatient psychiatric beds for children and adolescents.
- Academic continuance through the MHI school.

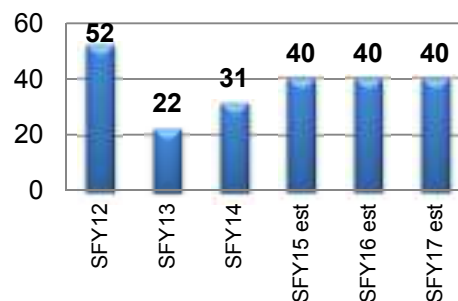
Adult Psychiatric Admissions



Children and Adolescent Psychiatric Admissions



PMIC Admissions



- ✓ *Independence is accredited by The Joint Commission.*
- ✓ *43 percent (101 FTEs) of the staff are direct care, 19 percent (45 FTEs) are professional and treatment professionals, 6 percent (13 FTEs) are educational, 7 percent (16 FTEs) are maintenance, 15 percent (34 FTEs) are other support staff, and 10 percent (24 FTEs) are administrative.*
- ✓ *In SFY15, 82.1 percent of the Independence MHI operating budget is for staffing costs and 17.9 percent is for the support costs.*
- ✓ *4 main buildings on 276.60 acres (76.9 acres managed by Iowa Prison Industries.)*

Goals & Strategies	<p>Goal: Promote Iowa’s Behavioral Health Status.</p> <p>Strategy:</p> <ul style="list-style-type: none">• Improve the level of functioning of individuals served• Reduce the use of restraint and seclusion• Provide quality discharge planning to reduce readmission rate.	<p>Results SFY14</p> <ul style="list-style-type: none">• 100 percent of children, adolescent and adult patients showed improvement in ability to function as measured by the Global Assessment of Functioning (GAF).• 97 percent of adults were not readmitted within 30 days of discharge.• 2 hour 33 minutes of restraint are used per 1,000 hours of adult patient hours. 45 minutes of restraint are used per 1,000 hours child /adolescent inpatient hours.								
Cost of Services	<p>MHI per diems are defined in Iowa Code and based on cost of care in a calendar year. This means that SFY15 per diems are based on costs experienced January 1, 2013 through December 31, 2013.</p> <p>Daily per diem rate:</p> <p>Adult psychiatric, \$1,208.</p> <p>Child/Adolescent psychiatric, \$1,345.</p> <p>Psychiatric Medical Institution for Children (PMIC), \$1,330.</p> <p>Cost per episode of care:</p> <p>Adult psychiatric, \$118,000</p> <p>Child/Adolescent psychiatric, \$63,017</p> <p>Psychiatric Medical Institution for Children (PMIC), \$125,445</p>									
	<p>✓ <i>Independence employee spending in the local economy induces \$10.2 million in output, which requires 102.3 jobs earning \$2.51 million in labor incomes. In all, MHI directly or indirectly accounts for \$32.95 million in regional output, \$25 million in county value added, \$22.2 million in labor income, and 389 jobs. (Swenson, D. and Eathington, L., Iowa Mental Health Facility Economic, Fiscal, and Community Impact Analysis, 30 November 2009:17.)</i></p> <p>✓ <i>Four entities operate programs on the Independence campus.</i></p>									
Funding Sources	<p>The Independence Mental Health Institute is funded by state general funds and federal funds with a small amount of funding from other sources.</p> <p>The total budget for SFY16 is \$22,526,451:</p> <ul style="list-style-type: none">• \$19,109,256 (84.8 percent) is state general fund.• \$2,020,946 (9.0 percent) is federal funding• \$1,396,249 (6.2 percent) is from other funding sources	<p>SFY16 Funding</p> <p>■ State General Fund (85%)</p> <p>■ Federal (9%)</p> <p>■ Other Funding (6%)</p> <table><caption>SFY16 Funding Data</caption><thead><tr><th>Funding Source</th><th>Percentage</th></tr></thead><tbody><tr><td>State General Fund</td><td>85%</td></tr><tr><td>Federal</td><td>9%</td></tr><tr><td>Other Funding</td><td>6%</td></tr></tbody></table>	Funding Source	Percentage	State General Fund	85%	Federal	9%	Other Funding	6%
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	<ul style="list-style-type: none">✓ <i>Independence receives an “upfront” appropriation from the general fund.</i>✓ <i>The adult patient’s county of residence is required to pay 80 percent of the county capped per diem for those who are not Medicaid eligible. Counties are billed the per diem minus any third party payments. County receipts are deposited in the state general fund.</i>✓ <i>The PMIC program is “net budgeted” which means the state appropriation is adjusted for anticipated third party revenues to cover program costs. PMIC services are billed to third party payors including Medicaid. The federal share of medical assistance, client participation, and any other third party revenues directly attributable to the PMIC program are retained in the MHI appropriation (non-federal share returned to the Medicaid appropriation). Currently the maximum amount the MHI can receive from Medicaid cannot exceed the FMAP (Federal Medical Assistance Percentage) rate currently estimated at 54.65 percent for SFY16.</i>																				
SFY16 & SFY17 Budget Drivers	<p>The total SFY16 Independence budget request reflects a \$421,024 (-2.2 percent) general fund decrease from the SFY15 Enacted Appropriation and Medical Assistance adjustment.</p> <p>The total SFY17 Independence budget request reflects a \$280,657 (-1.5 percent) general fund decrease from the SFY15 Enacted Appropriation and Medical Assistance adjustment.</p> <p>The key budget drivers of the SFY16 and SFY17 increase are:</p> <ul style="list-style-type: none">• Reallocate State Employee Retirement Incentive Program (SERIP) funds to Medical Assistance.• Increased cost of food, pharmaceuticals, utilities and other items is \$144,998 in SFY16 and \$114,851 in SFY17.• Declining FMAP rate, \$66,564 in SFY16 and \$25,516 in SFY17, the federal share has decreased as Iowa’s economy improves relative to other states.• The total SFY16 budget reflects an overall \$421,024 decrease (-1.8 percent) from SFY15 and the total SFY17 budget reflects a \$280,656 (-1.2 percent) decrease from SFY15. <div><p>Total Budget Funding Mix</p><table><caption>Total Budget Funding Mix (Millions)</caption><thead><tr><th>Funding Source</th><th>SFY15</th><th>SFY16 est</th><th>SFY17 est</th></tr></thead><tbody><tr><td>State General Fund</td><td>~20.0</td><td>~20.0</td><td>~20.0</td></tr><tr><td>Federal Funding</td><td>~3.0</td><td>~3.0</td><td>~3.0</td></tr><tr><td>Other Funding</td><td>~0.5</td><td>~0.5</td><td>~0.5</td></tr><tr><td>Total</td><td>~23.5</td><td>~23.5</td><td>~23.5</td></tr></tbody></table></div>	Funding Source	SFY15	SFY16 est	SFY17 est	State General Fund	~20.0	~20.0	~20.0	Federal Funding	~3.0	~3.0	~3.0	Other Funding	~0.5	~0.5	~0.5	Total	~23.5	~23.5	~23.5
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	<ul style="list-style-type: none">✓ <i>The impact of not funding the increased cost of services will be an estimated loss of 3.3 FTEs in SFY16 and 5.5 FTEs in SFY17.</i>																				
Legal Basis	<p>State:</p> <ul style="list-style-type: none">• Code of Iowa, Chapters 125, 217, 218, 225C, 226, 229, 230, 812• Iowa Administrative Code, 441 IAC 28 and 29																				